

# 2024

## FLU SHOTS & PHA SCHEDULE



Date	Time	Location	Address
Monday, October 21	8:00 AM-1:30 PM	Downtown Tampa Police HQ	411 N. Franklin St. 6th Breakroom
Tuesday, October 22	5:00 PM-7:00 PM	Downtown Tampa Police HQ	411 N. Franklin St. 6th Breakroom
Tuesday, October 22	5:30 AM-8:00 AM	Water Distribution/CS Team	3901 E 26th Ave Assembly Room
Tuesday, October 22	5:30 AM-8:00 AM	Solid Waste/Fleet Maintenance/ Public Works	4010 W Spruce Street Solid Waste Yard Building 4, Training Room
Wednesday, October 23	7:00 AM- 11:00 AM	Wastewater Collection Port of Tampa	2515 Guy Verger Blvd Team Assembly Room
Thursday, October 24	10:00 AM-2:00 PM	Benefits Fair	Al Lopez Park 4810 N Himes Ave
Friday, October 25	7:00 AM-11:00 AM	Wastewater/ Treatment Plant	2700 Maritime Blvd Maintenance Bldg Training Room
Friday, October 25	5:30 AM-10:00 AM	Water Distribution/ Operations Team	3901 E 26th Ave Assembly Room
Friday, October 25	7:00 AM-11:00 AM	Lowry Sub-Station	7525 N Boulevard Neighborhood Enhancement Building
Thursday, October 31	8:00 AM-1:30 PM	Hanna City Center	2555 E Hanna Avenue HR Training Room



**Blood Pressure**



**Body Mass Index**



**Fasting Blood Draw**



**Flu Shot**



**PSA Testing- Males 45+**

Participate in the health screening to understand your health numbers and their impact on your overall well-being.



**Registration is required.**

Scan or click on the QR Code to register to participate. Registration will close 7 business days prior to the event date.

*An onsite wellness appointment may be coded up to 2 hours of Sick Leave Wellness Appointment by the City of Tampa. The two-hour time period will not be deducted from your sick or annual leave balance.*

The City of Tampa recommends a Personal Health Assessment (PHA) annually for employees and any spouse or partner covered by one of the City sponsored health plans. As in past years, the City also provides generous wellness incentives for the 2025 health plan year for getting the PHA.