



# Understanding Preventive Care



WEDNESDAY 1/22/25 12:00 – 1:00 PM

Many chronic illnesses,  
including heart disease, Type 2 Diabetes,  
and even some cancers **are preventable.**



Getting the recommended preventive care services may help you start taking steps to help prevent many chronic health conditions.

Register to attend this webinar by clicking [here](#) or using your smart phone to scan the QR code.

## Contact:

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