

GARDEN

TALKS

with William Holland, DC

June 8, 2024 • 10:00 - 11:00 a.m.

TFHC invites you to an informative class led by one of our providers, focusing on back and muscle health for gardeners. Learn essential tips and get free garden seeds!

Where: TFHC, Osborne
4620 N. 22nd St. Tampa, FL 33610
(Community Garden is across the street, in the employee parking lot)

Contact:
Nicole Pinson, Garden Manager
at 813-459-3831 or npinson@tfhc.org

Register here:
bit.ly/tfhccgTWD

